



Dear Parents,

Welcome to the 2019/2020 PAL Basketball season. We look forward to another successful year and giving your child the opportunity to develop their basketball skills this winter.

We have made a significant change to our program this year. We believe that this change will provide children with exposure to a higher level of coaching, more of an opportunity to sharpen their basketball skills, all while having fun playing basketball. Basketball will begin on October 21, 2019 and will conclude on or about March 1, 2020.

This year all of the children, both boys and girls, will play PAL City Wide basketball on age appropriate teams. The majority of the practices will be during the week (Monday – Thursday) at Vogel School. The practices will be for an hour and fifteen minutes with the first 45 minutes spent developing skills through a chosen curriculum. The skills portion of the practice will be managed by a group of selected coaches. The last 30 minutes will be individual team practice with your child's team coach. The 5<sup>th</sup>/6<sup>th</sup> grade division and the 7<sup>th</sup>/8<sup>th</sup> grade division will practice at separate times.

Once the team are developed, the 5th/6th grade division teams will play their games at the Torrington School. The games will be scheduled from 9:00 a.m. to 1:00 p.m. There will be a 10-game regular season schedule, playoffs, and a championship game. Game times will be based on the number of teams we have in this division.

Once the teams are developed, the 7th/8th grade division teams will play their games on the center court at Torrington High School. The games will be scheduled from 1:00 p.m. to 5:00 p.m. There will be a 10-game regular season schedule, playoffs, and a championship game. Game times will be based on the number of teams we have in this division.

We will also have a Travel Basketball program. The athletes will be selected for the travel program and we will have both boys' and girls' teams. The number of teams will be based on the number of athletes that can compete at a travel ready level. The athletes selected for travel basketball will be **required** to play in the PAL City Wide basketball program in order to participate in the Travel Program. The athletes playing Travel basketball will be selected from the PAL City Wide program. More details to be given at the parent meeting that will be scheduled after registration.

If you have any questions please direct them to [admin@torringtonpal.org](mailto:admin@torringtonpal.org).

Christopher M. Smedick  
*Executive Director*